

How can we help?

Personal and Work Problems

- *Relationship issues*
- *Family concerns*
- *Emotional well-being*
- *Physical health concerns*
- *Stress*
- *Chemical dependency*
- *Other addictions*
- *Financial difficulties*
- *Legal matters*

Professional Standards

- *Defusing the situation*
- *Thinking through conflict*
- *Identifying the best approach to the issue*
- *Addressing problems through other work groups' Professional Standards committees*

Critical Incidents

- *Understanding the impact of a traumatic event*
- *Recognizing signs of post-incident stress*
- *Accessing professional resources when needed*



Rosemary Miller
AFA MEC EAP Chair
775-303-7592

Bill Voecks
AFA MEC EAP Vice Chair
646-330-3343

Heather Healy
Director, AFA EAP
800-424-2406, 202-434-0560

www.afanet.org/eap

JUNE 2009



EMPLOYEE ASSISTANCE PROGRAM



AFA EAP Committee Roster

Atlanta

Boston

Detroit

Honolulu

Los Angeles

Memphis

Minneapolis

New York

San Francisco

Seattle



Minneapolis
Kristy Long Chair
320-260-1983

Lori Davidson
612-812-0746

Boston/New York
Lyuba Halkyn Chair
917-370-3471

Heidi Kerchal McKenna
617-312-2951

Honolulu
Jeff Day Chair
808-351-6882

Robyn Chapman
808-372-3928

Rick Werwie
808-375-8726

Memphis
Kathy Dotson Chair
901-381-9108

Dottie Hagan
662-519-7638

Atlanta
Sharon Lowe Chair
615-715-7468

MEET YOUR EAP REPS

Detroit
Rosemary Peek Chair
813-784-0355

Brenda Bartus
808-561-7085

Denise Copeland-Lilly
815-545-9050

Gretchen Damm
603-661-0829

Debbie Johnston
586-350-8622

Rona Pitts-Hageman
303-815-0323

Dana Smith
440-506-3109

Robert Struthers
503-975-1153

Raul Vertiz
619-852-2970

Cindi Walden
847-312-6052

Seattle
Jill Holland Chair
253-720-7077

Tamara Kraft
253-861-9073

Peggy O'Phelan
509-475-1858

Sharon Smith
206-232-7543

Rex Varner
206-999-2419

Los Angeles
Joanne Tillson Chair
602-738-7040

Breta LaVon
310-770-8952

Carol Nelson
480-516-6004

San Francisco
Rosemary Miller Chair
775-303-7592

Kathryn Chalmers
510-205-2145